Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 8:40 St Bart's Church- OUT 9:30 Coffee Chat- FR 10:00 Congregational Church- TVR 11:00 Seated Exercise- WR 1:00 Bingo-CK 2:30 Walking Group- L 3:30 Rummikub- CK 6:00 Evening Movie- TVR Daylight Saving Time Ends	2 9:30 Coffee Chat- TVR 10:15 Balance Barre-WR 11:00 Connections-TVR 1:30 Fort Williams Trip- OUT 2:30 Balloon Badminton-WR 3:30 Board Games-CK 6:00 Evening Movie-TVR	3 9:30 Coffee Chat- TVR 10:15 Tai Chi- WR 11:00 Word Unscramble- TVR 1:00 Walking Group- L 1:30 Bocce Ball-WR 2:30 Music with Vicki Lee- PR 3:30 Craft Corner-CK 6:00 Evening Movie-TVR	4 :30 Coffee Chat- TVR 10:15 Balance Barre-WR 11:00 Spelling Bee- TVR 1:00 Common Grounds Feathers-L 1:30 Cooking Up Memories-CK 2:30 Cornhole- WR 3:30 Wine and Unwind-CK 6:00 Evening Movie-TVR	5 9:30 Communion- FP 9:30 Coffee Chat- TVR 10:15 Seated Exercise- WR 11:00 Group Crossword- TVR 1:00 Walking Group- L 1:30 Darts- WR 2:30 Short Stories-FR 4:00 Yoga- TVR 6:00 Evening Movie-TVR	6 9:30 Coffee Chat- TVR 10:15 Balance Barre-WR 10:30 Hannaford-OUT 11:00 Wheel of Fortune-TVR 1:00 Walking Group-L 1:30 Scenic Ride- OUT 2:30 Ping Pong Plunk-WR 3:30 Landing Singers- PR 6:00 Evening Movie-TVR	7 9:30 Coffee Chat- TVR 10:15 Seated Exercise- WR 11:00 Who Am I- TVR 1:00 Walking Group- L 1:30 Virtual Piano Concert-TVR 2:00 Ice Cream Social- SK 2:45 Golf- WR 3:30 Left/Right/Center-CK 6:00 Evening Movie-TVR
8 8:40 St Bart's Church- OUT 9:30 Coffee Chat- FR 10:00 Congregational Church- TVR 11:00 Seated Exercise- WR 1:00 Bingo-CK 2:30 Walking Group- L 3:30 Old Maid- CK 6:00 Evening Movie- TVR Diwali (Hindi)	9 9:30 Coffee Chat- TVR 10:15 Balance Barre-WR 11:00 Connections-TVR 1:00 Walking Group- L 1:30 Book Club- FR 2:30 Frisbee/ Football-WR 3:30 Board Games-CK 6:00 Evening Movie-TVR	10 9:30 Coffee Chat- TVR 10:15 Zumba- WR 11:00 Word Unscramble- TVR 1:00 Walking Group- L 1:30 Meditative Art- CK 2:00 Music with Rob Robbins-PR 3:30 Ping Pong Plunk-CK 6:00 Evening Movie-TVR	11 :30 Coffee Chat- TVR 10:15 Balance Barre-WR 11:00 Spelling Bee- TVR 1:00 Common Grounds Feathers-L 1:30 Cooking Up Memories-CK 2:30 Veteran's Wall Unveiling- FR 3:30 Wine and Unwind-CK 6:00 Evening Movie-TVR Veterans Day Remembrance Day (Canada)	12 9:30 Communion- FP 9:30 Coffee Chat- TVR 10:15 Seated Exercise- WR 11:00 Group Crossword- TVR 1:00 Walking Group- L 1:30 Name that Tune-TVR 2:30 Ladderball-WR 3:30 Turkey Toss-CK 4:00 Yoga- TVR 6:00 Evening Movie-TVR	13 9:30 Coffee Chat- TVR 10:15 Balance Barre-WR 10:30 Hannaford-OUT 11:00 Trivia-TVR 11:30 Lunch Outing -OUT 1:00 Walking Group-L 1:00 Art with Hope- CK 2:30 Axe Throwing-WR 3:30 Thanksgiving History Presentation-TVR 6:00 Evening Movie-TVR	14 9:30 Coffee Chat- TVR 10:15 Seated Exercise- WR 11:00 Outburst TVR 1:00 Walking Group- L 2:00 Ice Cream Social- SK 2:45 Ring Toss- WR 3:30 Uno- CK 6:00 Evening Movie-TVR
15 8:40 St Bart's Church- OUT 9:30 Coffee Chat- FR 10:00 Congregational Church- TVR 11:00 Seated Exercise- WR 1:00 Bingo-CK 2:30 Walking Group- L 3:30 Crazy 8s- CK 6:00 Evening Movie- TVR	16 9:30 Coffee Chat- TVR 10:15 Balance Barre-WR 11:00 Connections-TVR 1:00 Walking Group- L 1:30 Writer's Workshop- CK 2:30 Cornhole- WR 3:30 Board Games-CK 6:00 Evening Movie-TVR	17 9:30 Coffee Chat- TVR 10:15 Tai Chi- WR 11:00 Word Unscramble- TVR 1:00 Walking Group- L 1:30 Seated Volleyball- WR 3:00 Presentation by Kevin Goody- TVR 6:00 Evening Movie-TVR	18 :30 Coffee Chat- TVR 10:15 Balance Barre-WR 11:00 Spelling Bee- TVR 1:00 Common Grounds Feathers-L 1:30 Cape Explorers- CK 2:00 Music with Ray Morrow- DR 2:30 Cooking Up Memories-CK 3:30 Wine and Unwind-CK 6:00 Evening Movie-TVR	19 9:30 Communion- FP 9:30 Coffee Chat- TVR 10:15 Seated Exercise- WR 11:00 Group Crossword- TVR 1:00 Walking Group- L 1:30 Memory Lane- TVR 2:30 Bocce Ball- WR 3:30 Reader's Theater- CK 4:00 Yoga- TVR 6:00 Evening Movie-TVR	20 9:30 Coffee Chat- TVR 10:15 Balance Barre-WR 10:30 Hannaford-OUT 11:00 Wheel of Fortune-TVR 1:00 Walking Group-L 1:30 LL Bean- OUT 2:30 Travelogue- TVR 3:00 Traveling Library- PR 3:30 Uno- CK 6:00 Evening Movie-TVR	21 9:30 Coffee Chat- TVR 10:15 Seated Exercise- WR 11:00 Who What Where- TVR 1:00 Walking Group- L 2:00 Ice Cream Social- SK 2:45 Darts- WR 3:30 Piano Concert with Masanobu Ikemiya-PR 6:00 Evening Movie-TVR
22 8:40 St Bart's Church- OUT 9:30 Coffee Chat- FR 10:00 Congregational Church- TVR 11:00 Seated Exercise- WR 1:00 Bingo-CK 2:30 Walking Group- L 3:30 Go Fish- CK 6:00 Evening Movie- TVR	23 9:30 Coffee Chat- TVR 10:15 Balance Barre-WR 11:00 Connections-TVR 1:00 Walking Group- L 1:30 Book Club- FR 2:30 Ping Pong Plunk- WR 3:30 Board Games-CK 6:00 Evening Movie-TVR	24 9:30 Coffee Chat- TVR 10:15 Zumba- WR 11:00 Word Unscramble- TVR 1:00 Walking Group- L 1:30 Frisbee Football- WR 2:30 Music with Peter Mezzoian- DR 3:30 Craft Corner-CK 6:00 Evening Movie-TVR	25 :30 Coffee Chat- TVR 10:15 Balance Barre-WR 11:00 Spelling Bee- TVR 1:00 Common Grounds Feathers-L 1:30 Cooking Up Memories-CK 2:30 Resident Council-TVR 3:30 Wine and Unwind-CK 6:00 Evening Movie-TVR	26 9:30 Communion- FP 9:30 Coffee Chat- TVR 10:15 Seated Exercise- WR 11:00 Group Crossword- TVR 1:00 Walking Group- L 1:30 Poetry-FR 2:30 Ladderball- WR 3:30 Thankfulness Discussions-CK 6:00 Evening Movie-TVR Thanksgiving Day (U.S.)	27 9:30 Coffee Chat- TVR 10:15 Balance Barre-WR 11:00 Trivia-TVR 1:00 Walking Group-L 1:00 Art with Hope- CK 1:30 Scenic Ride 2:30 Axe Throwing 3:30 Storage Wars- TVR 6:00 Evening Movie-TVR	28 9:30 Coffee Chat- TVR 10:15 Seated Exercise- WR 11:00 Jeopardy- TVR 1:00 Walking Group- L 2:00 Ice Cream Social- SK 2:45 Cornhole- WR 3:30 Uno- CK 6:00 Evening Movie-TVR
29 8:40 St Bart's Church- OUT 9:30 Coffee Chat- FR 10:00 Congregational Church- TVR 11:00 Seated Exercise- WR 1:00 Bingo-CK 2:30 Walking Group- L 3:30 Jenga- CK 6:00 Evening Movie- TVR	30 9:30 Coffee Chat- TVR 10:15 Balance Barre-WR 11:00 Connections-TVR 1:00 Walking Group- L 1:30 Writer's Workshop-CK 2:30 Bowling- WR 3:30 Board Games-CK 6:00 Evening Movie-TVR					

SK-Sara's Kitchen, WR-Wellness Room, L-Lobby, CK-Country Kitchen, TVR-TV Room, FR-Fireplace Room, DR-Dining Room, C-Courtyard