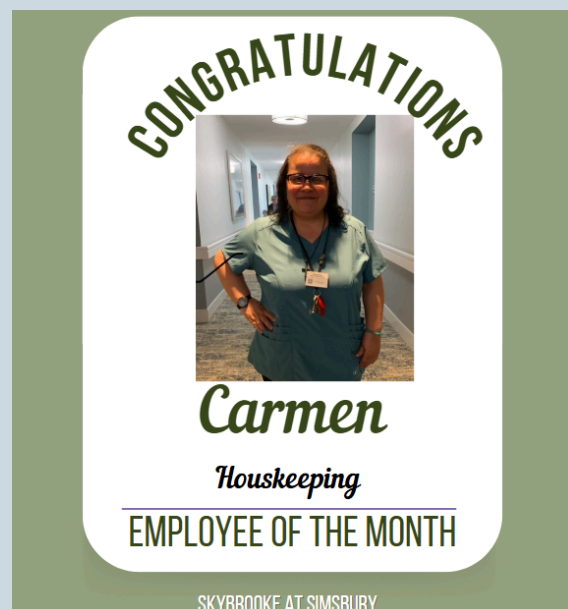


Taylor Dymarczyk
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Memorial Day honors U.S. military members who died in service. It's a day of remembrance and gratitude for their sacrifice.



Richard Wang 5/2 @ 2:00pm
Forever Young Singers Spring Concert 5/9 @4:00pm
Red & Yellow Duo 5/16 @ 3:45pm
Sheri Ziccardi 5/20 @ 3:45pm
Simsbury Community Band 5/21 @ 6:30pm
Dave Giardina 5/23 @ 3:45pm
Rick Lovallo 5/28 @ 3:45pm
Hot Cat Jazz band 5/30 @ 3:45pm

Walmart 5/5
Elizabeth Park 5/12
TJMaxx / Stop& Shop 5/19

Space is limited for all outings.
Sign Up in the Outing Binder by the Dining Room.

May is a month full of sunshine, blooming flowers, and fresh starts! It brings the excitement of warmer days, the smell of spring in full swing, and a calendar packed with reasons to celebrate—from Star Wars Day on May 4th to Mother's Day and Memorial Day. Whether you're planting a garden, enjoying a picnic, or just soaking up the longer daylight hours, May is all about joy, growth, and a little bit of fun around every corner.


Wishing a very Happy Birthday to all
those born in May.
May your year be filled with
success, happiness, and new
beginnings. Enjoy your special day!

National & Observed Holidays:

May 1 – May Day / International Workers' Day
First Sunday in May – World Laughter Day
First Full Week of May – Teacher Appreciation Week
First Thursday in May – National Day of Prayer
May 11 – Mother's Day
May 12 – International Nurses Day
May 15 – International Day of Families
Third Saturday in May – Armed Forces Day (U.S.)
May 26– Memorial Day (U.S.)

May 2025
Elements Events



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div> ANTHOLOGY</div>	<div>Resident Birthdays</div> <div>William C. 5/2 Charlotte B. 5/2 Meredith H. 5/4 Nancy W. 5/4 Margaret K. 5/11 Robert N. 5/13 Janis S. 5/15 Ann S. 5/17 Judith S. 5/22 William G. 5/23 Gregory G. 5/28 Maryann G. 5/29 Helen Gloria T. 5/30 Sheila F. 5/31</div>	<div>Events are subject to change</div>	<div>Location Keys</div> <div>Art Studio 2nd floor Bistro 1st floor Courtyard Dining Room East Sun Room 3rd floor Elements Library 1st floor Enclave Activity Room 1st floor Family Dining Room 1st floor Fitness Room 1st floor Great Room 1st floor Pub 3rd floor Theatre 2nd floor West Sun Room 3rd floor</div> <div>AS B C DR ESR EL EAR FDR F GR P T WSR</div>	<div>10:00 ↔ Yoga Class [EAR] 1</div> <div>11:00 🐾 Confections with Katie [GR]</div> <div>1:00 ❤️ Raised Beds Cleanup [C]</div> <div>1:30 ❤️ Voices of Skybrooke [EL]</div> <div>2:30 ↔ Barre Balance Class</div> <div>2:30 🐾 Movie: Conclave [T]</div> <div>3:00 🐾 Meeting with Director of Maintenance [FDR]</div> <div>6:30 🐾 Movie: Conclave [T]</div>	<div>2Wear Red to Show Respect and Support for Our Veterans & Troops 2</div> <div>10:00 ↔ 30 Minute Stretch Class [EAR]</div> <div>10:30 ☼ Fit Minds [EAR]</div> <div>11:00 ☼ Kentucky Derby Discussion [EL]</div> <div>11:00 ❤️ Rosary Prayer [P]</div> <div>1:30 ↔ Walking Group [GR]</div> <div>2:00 🐾 Piano Music with Richard Wang</div> <div>2:30 🐾 Movie: The Mirror Has Two Faces [T]</div> <div>3:45 🐾 Happy Hour</div> <div>6:30 🐾 Friday Night Flick Mirror Has Two Faces [T]</div>	<div>3Wear a Hat of Fascinator Day 3</div> <div>10:00 ❤️ Shabbat Service from Central Synagogue [T]</div> <div>11:00 ☼ Words with Friends [EL]</div> <div>1:00 ☼ Documentary: Behind the Gate</div> <div>2:00 ↔ Barre Balance Class</div> <div>2:30 ☼ Opera: Andrew Lloyd Webber's Love Never Dies [T]</div> <div>3:00 ☼ Rummikub! [B]</div> <div>6:30 🐾 Saturday Movie Seabiscuit [T]</div>
<div>10:00 ❤️ Sunday Mass: St. Mary's of Simsbury [T] 4</div> <div>10:45 ❤️ Communion Service [T]</div> <div>11:30 ☼ Documentary: The Men Who Built America [T]</div> <div>2:00 ☼ Bingo [DR]</div> <div>2:30 🐾 Movie: The Whales Of August [T]</div> <div>6:30 🐾 Evening Movie/The Whales of August [T]</div>	<div>5Cinco De Mayo 5</div> <div>10:00 ↔ Better Balance [F]</div> <div>11:00 🐾 Neighborly Muffins & Storywise Discussion [EL]</div> <div>1:00 ❤️ Outing/ Walmart</div> <div>1:30 ↔ Resistance Bands</div> <div>2:00 ☼ Cooking Up Memories [FDR]</div> <div>2:30 🐾 Movie: Slipper and The Rose [T]</div> <div>3:45 🐾 Mixer Monday with a Cinco De Mayo Twist</div> <div>4:15 ☼ Trivia [P]</div> <div>6:30 Movie / Slipper and the Rose [T]</div>	<div>6Chair Dancing [EAR] 6</div> <div>10:00 ↔ Chair Dancing [EAR]</div> <div>10:30 🐾 Resident Ambassador Meeting [EAR]</div> <div>11:00 ☼ Voices of Skybrooke</div> <div>1:00 ❤️ Artist in Residence [AS]</div> <div>2:00 ↔ Barre Balance Class</div> <div>2:30 🐾 Movie: Meet Joe Black [T]</div> <div>3:00 ☼ Short Story Club [FDR]</div> <div>6:30 🐾 Evening Movie Meet Joe Black [T]</div>	<div>7Exercise Class with Legacy [EAR] 7</div> <div>10:00 ↔ Exercise Class with Legacy [EAR]</div> <div>10:30 ☼ Fit Minds [EAR]</div> <div>11:15 ☼ Cookies and Words with Friends [EL]</div> <div>1:30 ☼ Bridge [P]</div> <div>2:00 ❤️ Catholic Mass/ Father Steven [EL]</div> <div>2:30 🐾 Movie: News of the World [T]</div> <div>3:45 🐾 Wine Down Wednesday</div> <div>6:30 🐾 Movie / News of The World [T]</div>	<div>8Yoga Class [EAR] 8</div> <div>10:00 ↔ Yoga Class [EAR]</div> <div>11:00 ☼ Movie Choosers [T]</div> <div>1:00 ☼ Event with Legacy [GR]</div> <div>1:30 ❤️ Voices of Skybrooke [EL]</div> <div>2:30 ↔ Barre Balance Class</div> <div>2:30 🐾 Movie: Secretariat [T]</div> <div>3:00 🐾 Meeting with Director of Engagement [FDR]</div> <div>6:30 🐾 Movie: Secretariat [T]</div>	<div>9Celebrating Mothers Nova Hearing 9</div> <div>10:00 ☼ Tour of Italy Begins [GR]</div> <div>10:30 ❤️ St. Peters Basilica [EL]</div> <div>11:30 🐾 Colosseum [B]</div> <div>12:00 Ristorante Pizzeria [DR]</div> <div>1:00 ↔ Canal Grande Sight Seeing</div> <div>1:15 ☼ Scuola Grande San Giovanni Evangelista di Venezia Museo [EL]</div> <div>1:30 🐾 Vino in Toscana [WSR]</div> <div>2:30 Caffetteria Vicino Fontana di Trevi [GR]</div> <div>4:00 Mother's Day Concert at the Colosseum</div> <div>6:30 🐾 Friday Night Flick Under the Tuscan Sun [T]</div>	<div>10Shabbat Service from Central Synagogue [T] 10</div> <div>11:00 ☼ Words with Friends [EL]</div> <div>2:00 ↔ Barre Balance Class</div> <div>2:30 🐾 Movie: Oklahoma! [T]</div> <div>3:00 ☼ Rummikub! [B]</div> <div>6:30 🐾 Saturday Movie Oklahoma! [T]</div>
<div>11Mother's Day 11</div> <div>10:00 ❤️ Sunday Mass: St. Mary's of Simsbury [T]</div> <div>10:45 ❤️ Communion Service [T]</div> <div>11:30 ☼ Documentary: The Men Who Built America [T]</div> <div>1:30 ❤️ Tea Social Celebrating Mothers</div> <div>2:00 ☼ Bingo [DR]</div> <div>2:30 🐾 Movie: Love and Friendship [T]</div> <div>6:30 🐾 Evening Movie/ Love and Friendship</div>	<div>12Better Balance [F] 12</div> <div>10:00 ↔ Better Balance [F]</div> <div>11:00 Music Appreciation with Amber [EL]</div> <div>1:00 ❤️ Outing/ Elizabeth Park</div> <div>1:30 ↔ Resistance Bands</div> <div>1:30 ☼ Veggie Talk [FDR]</div> <div>2:00 ☼ Cooking Up Memories [FDR]</div> <div>2:30 🐾 Movie: The Stalking Moon [T]</div> <div>3:45 🐾 Mixer Monday [P]</div> <div>4:15 ☼ Trivia [P]</div> <div>6:30 Movie / The Stalking Moon [T]</div>	<div>13Chair Dancing [EAR] 13</div> <div>10:00 ↔ Chair Dancing [EAR]</div> <div>11:00 ☼ Voices of Skybrooke</div> <div>1:00 ❤️ Artist in Residence [AS]</div> <div>2:00 ↔ Barre Balance Class</div> <div>2:30 🐾 Movie: Pride and Prejudice [T]</div> <div>3:00 ☼ Poetry Stalking [FDR]</div> <div>6:30 🐾 Evening Movie Pride and Prejudice [T]</div>	<div>14Exercise Class with Legacy [EAR] 14</div> <div>10:00 ↔ Exercise Class with Legacy [EAR]</div> <div>10:30 ☼ Fit Minds [EAR]</div> <div>11:15 ☼ Cookies and Words with Friends [EL]</div> <div>1:30 ☼ Bridge [P]</div> <div>2:00 ☼ Candy BINGO</div> <div>2:30 🐾 Movie: Shampoo [T]</div> <div>3:45 🐾 Wine Down Wednesday</div> <div>6:30 🐾 Movie / Shampoo [T]</div>	<div>15Yoga Class [EAR] 15</div> <div>10:00 ↔ Yoga Class [EAR]</div> <div>11:00 ❤️ Let's Talk about Plants [WSR]</div> <div>1:30 ❤️ Voices of Skybrooke [EL]</div> <div>2:00 ❤️ Cooking Demo with Chef Scott [FDR]</div> <div>2:30 ↔ Barre Balance Class</div> <div>2:30 Meeting with the Director of Culinary [FDR]</div> <div>2:30 🐾 Movie: Charade (1963) [T]</div> <div>6:30 🐾 Movie; Charade [T]</div>	<div>16Wear Red to Show Respect and Support for Our Veterans & Troops 16</div> <div>10:00 ↔ 30 Minute Stretch Class [EAR]</div> <div>10:30 ☼ Fit Minds [EAR]</div> <div>11:00 ❤️ Rosary Prayer [P]</div> <div>1:00 🐾 "The New Yorker" Discussion Group [EL]</div> <div>1:00 Centerpiece Creations and Mimosas [B]</div> <div>2:30 🐾 Movie: All Quiet On The Western Front [T]</div> <div>3:45 🐾 Happy Hour with Red and Yellow Duo</div> <div>6:30 🐾 Friday Night Flick The life List [T]</div>	<div>17Shabbat Service from Central Synagogue [T] 17</div> <div>11:00 ☼ Words with Friends [EL]</div> <div>2:00 ↔ Barre Balance Class</div> <div>2:30 ☼ Ballet: American Ballet Theatre: A History [T]</div> <div>3:00 ☼ Rummikub! [B]</div> <div>6:30 🐾 Saturday Movie Carol [T]</div>
<div>18Sunday Mass: St. Mary's of Simsbury [T] 18</div> <div>10:45 ❤️ Communion Service [T]</div> <div>11:30 ☼ Documentary: The Men Who Built America [T]</div> <div>2:00 ☼ Bingo [DR]</div> <div>2:30 🐾 Movie: Stand By Me [T]</div> <div>6:30 🐾 Evening Movie/ Stand by Me</div>	<div>19Better Balance [F] 19</div> <div>10:00 ↔ Better Balance [F]</div> <div>11:00 🐾 Neighborly Muffins & Storywise Discussion [EL]</div> <div>1:00 🐾 Movie Choosers [T]</div> <div>1:00 ❤️ Outing/ TJMaxx / Stop&Shop</div> <div>1:30 ↔ Resistance Bands</div> <div>2:30 🐾 Movie: Blow The MAn Down [T]</div> <div>2:31 ☼ Cooking Up Memories [FDR]</div> <div>3:45 🐾 Mixer Monday [P]</div> <div>4:15 ☼ Trivia [P]</div> <div>6:30 Movie / Blow The MAn Down [T]</div>	<div>20Chair Dancing [EAR] 20</div> <div>10:00 ↔ Chair Dancing [EAR]</div> <div>11:00 ☼ Choral Formation conducted by Richard Wang</div> <div>1:00 ❤️ Artist in Residence [AS]</div> <div>2:00 ↔ Barre Balance Class</div> <div>2:00 ☼ Jeff the Plant Guy [T]</div> <div>2:30 🐾 Movie: Spotlight [T]</div> <div>3:00 ☼ Short Story Club [FDR]</div> <div>3:45 🐾 Music with Sheri Ziccardi</div> <div>6:30 🐾 Evening Movie Spotlight [T]</div>	<div>21Dr. Buchbinder/ Podiatrist 21</div> <div>10:00 ↔ Exercise Class with Legacy [EAR]</div> <div>10:30 ☼ Fit Minds [EAR]</div> <div>11:15 ☼ Cookies and Words with Friends [EL]</div> <div>1:30 ☼ Bridge [P]</div> <div>2:00 ☼ Candy BINGO</div> <div>2:30 🐾 Movie: Bull Durham [T]</div> <div>3:45 🐾 Wine Down Wednesday</div> <div>6:30 🐾 Movie / Bull Durham [T]</div> <div>6:30 ❤️ Simsbury Community Band</div>	<div>22Yoga Class [EAR] 22</div> <div>10:00 ↔ Yoga Class [EAR]</div> <div>11:00 ❤️ An Orchid Lovers Circle [ESR]</div> <div>1:00 ☼ Sangrias and Spring</div> <div>1:30 ❤️ Voices of Anthology</div> <div>2:30 🐾 Movie: Dirty Dancing [T]</div> <div>3:00 🐾 Town Hall Meeting [DR]</div> <div>6:30 🐾 Movie; Dirty Dancing [T]</div>	<div>23Wear Red to Show Respect and Support for Our Veterans & Troops 23</div> <div>10:00 ↔ 30 Minute Stretch Class [EAR]</div> <div>10:30 ☼ Fit Minds [EAR]</div> <div>11:00 ❤️ Rosary Prayer [P]</div> <div>1:00 🐾 Centerpiece Creations [B]</div> <div>1:00 ☼ Current Events with Tony [GR]</div> <div>2:00 ☼ Master Class [EL]</div> <div>2:30 🐾 Movie: Sylvie's Love [T]</div> <div>3:45 🐾 Happy Hour with Dave Giardina</div> <div>6:30 🐾 Friday Night Flick Sylvie's Love [T]</div>	<div>24Shabbat Service from Central Synagogue [T] 24</div> <div>11:00 ☼ Words with Friends [EL]</div> <div>2:00 ↔ Barre Balance Class</div> <div>2:30 ☼ Laufey's A Night at the Symphony: Hollywood Bowl [T]</div> <div>3:00 ☼ Rummikub! [B]</div> <div>6:30 🐾 Saturday Movie Argo [T]</div>
<div>25Sunday Mass: St. Mary's of Simsbury [T] 25</div> <div>10:45 ❤️ Communion Service [T]</div> <div>11:30 ☼ Documentary: The Man Who Build America [T]</div> <div>2:00 ☼ Bingo [DR]</div> <div>2:30 🐾 Movie: Hester Street [T]</div> <div>6:30 🐾 Evening Movie/ Hester Street</div>	<div>26Memorial Day 26</div> <div>10:00 ↔ Better Balance [F]</div> <div>11:00 ☼ Book Club [EL]</div> <div>12:30 🐾 Cookout [C]</div> <div>1:30 ↔ Barre Balance Class</div> <div>1:30 ↔ Resistance Bands</div> <div>2:30 🐾 Movie: See No Evil. Hear No Evil [T]</div> <div>3:45 🐾 Mixer Monday [P]</div> <div>4:15 ☼ Trivia [P]</div> <div>6:30 Movie / See No Evi. Hear No Evil [T]</div>	<div>27Chair Dancing [EAR] 27</div> <div>10:00 ↔ Chair Dancing [EAR]</div> <div>11:00 ☼ Choral Formation conducted by Richard Wang</div> <div>1:00 ❤️ Artist in Residence [AS]</div> <div>2:00 ↔ Barre Balance Class</div> <div>2:30 🐾 Movie: The Two Popes [T]</div> <div>3:00 ☼ Poetry Stalking [FDR]</div> <div>6:30 🐾 Evening Movie The Two Popes [T]</div>	<div>28Exercise Class with Legacy [EAR] 28</div> <div>10:30 🐾 "A Few Good Men" - Anthology's Men's Group [P]</div> <div>10:30 ☼ Fit Minds [EAR]</div> <div>11:15 ☼ Cookies and Words with Friends [EL]</div> <div>1:30 ☼ Bridge [P]</div> <div>2:00 ☼ Candy BINGO</div> <div>2:30 🐾 Movie: Out Of Sight [T]</div> <div>3:45 🐾 Wine Down Wednesday with Rick Lovallo</div> <div>6:30 🐾 Movie / Out Of Sight [T]</div>	<div>29Yoga Class [EAR] 29</div> <div>1:00 ☼ Documentary: TBD [T]</div> <div>1:30 ❤️ Voices of Skybrooke [EL]</div> <div>2:30 ↔ Barre Balance Class</div> <div>2:30 🐾 Movie for Discussion: Juror #2 [T]</div> <div>6:30 🐾 Movie; Juror #2 [T]</div>	<div>30Wear Red to Show Respect and Support for Our Veterans & Troops 30</div> <div>10:00 ↔ 30 Minute Stretch Class [EAR]</div> <div>10:30 ☼ Fit Minds [EAR]</div> <div>11:00 ❤️ Rosary Prayer [P]</div> <div>1:00 🐾 Centerpiece Creations [B]</div> <div>1:30 ☼ Movie Discussion Led by Marta; [EL]</div> <div>2:30 🐾 Movie: Clambake [T]</div> <div>3:45 🐾 Happy Hour with Hot Cat Band</div> <div>6:30 🐾 Friday Night Flick Clambake [T]</div>	<div>31Shabbat Service from Central Synagogue [T] 31</div> <div>11:00 ☼ Words with Friends [EL]</div> <div>2:00 ↔ Barre Balance Class</div> <div>2:30 🐾 Movie: Broadway Melody of 1940 [T]</div> <div>3:00 ☼ Rummikub! [B]</div> <div>6:30 🐾 Saturday Movie Broadway Melody of 1940 [T]</div>