

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

9:00 Daily Chronicle
 10:00 Worship Service
 11:00 Heart to Heart Visit
 1:30 Sunday Stretches
 2:30 Puzzle Cart
 3:00 Bingo

9:00 Daily Chronicle
 10:00 TheraBand Exercises
 11:00 Story of Joyous Purim
 1:30 Putter's Practice
 2:15 Neighborhood Snack
 Social
 3:00 Noodle Ball
 4:00 Happy Homekeepers
 5:00 Dinner Table Discussion
 6:00 Nature Documentary
 Purim Begins

9:00 Daily Chronicle
 10:00 Head to Toe Workout
 11:00 Scenic Drive
 2:00 Zumba with Sara
 2:15 Neighborhood Snack
 Social
 3:00 Chamberlain Balance
 Barre
 4:00 Nail Spa
 5:00 Dinner Table Discussion

9:00 Daily Chronicle
 10:00 Yoga
 11:00 Cooking Up Memories
 1:30 Spring Fling Tea Party
 3:00 Longfellow Balance
 Barre
 4:00 Riveting Readers
 5:00 Dinner Table Discussion
 6:00 Movie Night

9:00 Daily Chronicle
 10:00 Head to Toe Workout
 11:00 Word Games
 1:30 Prayer Group
 2:15 Neighborhood Snack
 Social
 3:00 Wyeth Balance Barre
 4:00 Handyman Group
 5:00 Dinner Table Discussion

9:00 Daily Chronicle
 10:00 Weightlifting
 11:00 Noggin' Joggin'
 1:30 Cheese Doodle Game
 2:15 Neighborhood Snack
 Social
 3:00 Noodle Ball
 4:00 Crafter's Corner
 5:00 Dinner Table Discussion

9:00 Daily Chronicle
 10:30 Move & Mingle
 1:30 Saturday Stretches
 2:30 Second Cup Club
 3:00 Horoscopes & Good News
 3:30 Afternoon Stroll
 4:00 Hand Massages

9:00 Daily Chronicle
 10:00 Worship Service
 11:00 Heart to Heart Visit
 1:30 Sunday Stretches
 2:30 Puzzle Cart
 3:00 Bingo

9:00 Daily Chronicle
 10:00 TheraBand Exercises
 11:00 Veteran's Social
 1:30 Jeopardy
 2:15 Neighborhood Snack
 Social
 3:00 Noodle Ball
 4:00 Happy Homekeepers
 5:00 Dinner Table Discussion
 6:00 Nature Documentary

9:00 Daily Chronicle
 10:00 Head to Toe Workout
 11:00 Scenic Drive
 1:30 Dance Party
 2:15 Neighborhood Snack
 Social
 3:00 Chamberlain Balance
 Barre
 4:00 Nail Spa
 5:00 Dinner Table Discussion

9:00 Daily Chronicle
 10:00 Yoga
 11:00 Cooking Up Memories
 1:30 Pi Day Social
 3:00 Longfellow Balance
 Barre
 4:00 Riveting Readers
 5:00 Dinner Table Discussion
 6:00 Movie Night

9:00 Daily Chronicle
 10:00 Head to Toe Workout
 11:00 Word Games
 1:30 Prayer Group
 2:15 Neighborhood Snack
 Social
 3:00 Wyeth Balance Barre
 4:00 Handyman Group
 5:00 Dinner Table Discussion

9:00 Daily Chronicle
 10:00 Weightlifting
 11:00 Noggin' Joggin'
 2:00 Salvation Army Visits
 2:15 Neighborhood Snack
 Social
 3:00 Noodle Ball
 4:00 Crafter's Corner
 5:00 Dinner Table Discussion

9:00 Daily Chronicle
 10:30 Move & Mingle
 1:30 Saturday Stretches
 2:30 Second Cup Club
 3:00 Tales of the Irish
 3:30 Afternoon Stroll
 4:00 Watercolor Painting

Daylight Saving Time Begins

9:00 Daily Chronicle
 10:00 Worship Service
 11:00 Heart to Heart Visit
 1:30 Sunday Stretches
 2:30 Puzzle Cart
 3:00 Bingo

9:00 Daily Chronicle
 10:00 TheraBand Exercises
 11:00 Senior Green
 Discussion Group
 1:30 Big League Bowling
 2:15 Neighborhood Snack
 Social
 3:00 Noodle Ball
 4:00 Happy Homekeepers
 5:00 Dinner Table Discussion
 6:00 Nature Documentary

9:00 Daily Chronicle
 10:00 Harbor Singers Perform
 11:00 Scenic Drive
 2:00 Zumba with Sara
 2:15 Neighborhood Snack
 Social
 3:00 Chamberlain Balance
 Barre
 4:00 Nail Spa
 5:00 Dinner Table Discussion
 St. Patrick's Day

9:00 Daily Chronicle
 10:00 Yoga
 11:00 Cooking Up Memories
 1:30 St. Patrick's Social
 3:00 Longfellow Balance
 Barre
 4:00 Riveting Readers
 5:00 Dinner Table Discussion
 6:00 Movie Night

9:00 Daily Chronicle
 10:00 Head to Toe Workout
 11:00 Word Games
 1:30 Prayer Group
 2:15 Neighborhood Snack
 Social
 3:00 Wyeth Balance Barre
 4:00 Handyman Group
 5:00 Dinner Table Discussion

9:00 Daily Chronicle
 10:00 Weightlifting
 11:00 Noggin' Joggin'
 2:00 Wilbur the Pug Visits
 2:15 Neighborhood Snack
 Social
 3:00 Noodle Ball
 4:00 Crafter's Corner
 5:00 Dinner Table Discussion

9:00 Daily Chronicle
 10:30 Move & Mingle
 1:30 Saturday Stretches
 2:30 Second Cup Club
 3:00 Truth or Blarney
 3:30 Afternoon Stroll
 4:00 Mindful Mandalas

Spring Begins

9:00 Daily Chronicle
 10:00 Worship Service
 11:00 Heart to Heart Visit
 1:30 Sunday Stretches
 2:30 Puzzle Cart
 3:00 Bingo

9:00 Daily Chronicle
 10:00 TheraBand Exercises
 11:00 Sort it Out
 1:30 Resident Council
 2:15 Neighborhood Snack
 Social
 3:00 Noodle Ball
 4:00 Happy Homekeepers
 5:00 Dinner Table Discussion
 6:00 Nature Documentary

9:00 Daily Chronicle
 10:00 Head to Toe Workout
 11:00 Scenic Drive
 1:30 Big League Bowling
 2:15 Neighborhood Snack
 Social
 3:00 Chamberlain Balance
 Barre
 4:00 Nail Spa
 5:00 Dinner Table Discussion

9:00 Daily Chronicle
 10:00 Red Gallagher Performs
 11:00 Cooking Up Memories
 1:30 March Birthday Party
 3:00 Longfellow Balance
 Barre
 4:00 Riveting Readers
 5:00 Dinner Table Discussion
 6:00 Movie Night

9:00 Daily Chronicle
 10:00 Head to Toe Workout
 11:00 Word Games
 2:00 Tai Chi with Mike
 2:15 Neighborhood Snack
 Social
 3:00 Wyeth Balance Barre
 4:00 Handyman Group
 5:00 Dinner Table Discussion

9:00 Daily Chronicle
 10:00 Weightlifting
 11:00 Noggin' Joggin'
 1:30 TV Concert
 2:15 Neighborhood Snack
 Social
 3:00 Noodle Ball
 4:00 Crafter's Corner
 5:00 Dinner Table Discussion





9:00 Daily Chronicle
 10:30 Music with Marc
 1:30 Saturday Stretches
 2:30 Second Cup Club
 3:00 From Mythology to "My Fair Lady"
 3:30 Afternoon Stroll
 4:00 Hand Massages

9:00 Daily Chronicle
 10:00 Worship Service
 11:00 Heart to Heart Visit
 1:30 Sunday Stretches
 2:30 Puzzle Cart
 3:00 Bingo

9:00 Daily Chronicle
 10:00 TheraBand Exercises
 11:00 Garden Planning
 1:30 Conversation Catch
 2:15 Neighborhood Snack
 Social
 3:00 Noodle Ball
 4:00 Happy Homekeepers
 5:00 Dinner Table Discussion
 6:00 Nature Documentary

9:00 Daily Chronicle
 10:00 Head to Toe Workout
 11:00 Scenic Drive
 1:30 Paint and Sip
 2:15 Neighborhood Snack
 Social
 3:00 Chamberlain Balance
 Barre
 4:00 Nail Spa
 5:00 Dinner Table Discussion

Activity Key

-  Move
-  Connect
-  Learn
-  Feel

March 2026

Palm Sunday