

Please sign up for all rides and outings at the front desk.

January 2026

Room Key: WR - Wellness Room DR - Dining Room TVR - T.V. Room PR - Piano Room CK - Country Kitchen

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				9:30 Coffee Chat- TVR 10:15 Seated Exercise - WR 11:00 Wheel of Fortune - TVR 2:00 Patrick Freeman Music Concert - DR 3:15 Poetry - FP 4:00 Yoga - Wellness Room 6:00 Evening Movie TVR	1	9:30 Coffee Chat- TVR 10:15 Balance Barre- WR 11:00 Crossword Puzzle - TVR 1:00 Painting w/ Hope - CK 2:30 Ping Pong Plunk - WR 3:30 SCI FI short story (national sci fi day) - TVR 6:00 Evening Movie TVR	2	9:30 Coffee Chat TVR 10:15 Seated Exercise - WR 11:00 Outburst - TVR 1:00 Balloon Badminton - WR 2:15 Ice Cream Social - SK 3:30 Dominoes - CK 6:00 Evening Movie TVR	3				
New Year's Day													
8:40 St. Bart’s Church- OUT 10:00 Congregational Church TVR 11:00 Walking Club L 1:00 Bingo CK 2:30 Seated Exercise WR 3:30 National Trivia Day activity - CK 6:00 Evening Movie TVR	4	9:30 Coffee Chat- TVR 10:15 Balance Barre- WR 11:00 Connections - TVR 1:30 1st Book Club Meeting - CK 2:30 Ping Pong Plunk - WR 3:30 Rummikub - CK 6:00 Evening Movie TVR	5	9:30 Coffee Chat- TVR 10:15 Fit & Strong - WR 11:00 Wheel of Fortune - TVR 1:30 Piano Concert w/ Bess - PR 2:30 Balloon Badminton - WR 3:30 Wine & Unwind - CK 6:00 Evening Movie TVR	6	9:30 Coffee Chat- TVR 10:15 Balance Barre- WR 11:00 Unscramble the Word - TVR 1:30 C.E. Middle School Explorers Visit - DR 2:30 Rummy Card Game - CK 3:30 Poetry - FP 6:00 Evening Movie TVR	7	9:30 Communion FP 10:15 Seated Exercise - WR 11:00 Trivia - TVR 1:30 Golf - WR 3:00 Traveling Library - PR 4:00 Scrabble - CK 6:00 Evening Movie TVR	8	9:30 Coffee Chat- TVR 10:15 Balance Barre- WR 10:30 Hannaford - OUT 11:00 Trivia - TVR 1:00 Cooking Up Memories: Deviled Eggs - CK 2:30 Darts - WR 3:30 Deviled Egg Tasting Social - CK 6:00 Evening Movie TVR	9	9:30 Coffee Chat TVR 10:15 Seated Exercise - WR 11:00 Connections - TVR 1:00 Geography Activity - TVR 2:15 Ice Cream Social - SK 3:30 Cornhole - WR 6:00 Evening Movie TVR	10
8:40 St. Bart’s Church- OUT 10:00 Congregational Church TVR 11:00 Walking Club L 1:00 Bingo CK 2:30 Seated Exercise WR 3:30 Short Story - FP 6:00 Evening Movie TVR	11	9:30 Coffee Chat- TVR 10:15 Balance Barre- WR 11:00 Unscramble the Word - TVR 1:30 Grief Support Group - CK 2:30 Price is Right Game - TVR 3:30 Balloon Badminton - WR 6:00 Evening Movie TVR	12	9:30 Coffee Chat- TVR 10:15 Zumba - WR 11:00 Connections - TVR 1:30 National Rubber Ducky Day Activity - CK 2:30 Todd Glacy - DR 3:30 Wine & Unwind - CK 6:00 Evening Movie TVR	13	9:30 Coffee Chat- TVR 10:15 Balance Barre- WR 11:00 Wheel of Fortune - TVR 1:30 Bingo w/ C.E. Middle School Students - Dining Room 2:30 Golf - WR 3:30 Sevens - CK 6:00 Evening Movie TVR	14	9:30 Communion FP 10:15 Seated Exercise - WR 11:00 Crossword Puzzle - TVR 2:00 Ray Morrow - DR 3:00 Meditative Art - CK 4:00 Yoga - WR 6:00 Evening Movie TVR	15	9:30 Coffee Chat- TVR 10:15 Balance Barre- WR 10:30 Hannaford - OUT 11:00 Wheel of Fortune - TVR 1:00 Cooking Up Memories - CR 2:00 Concert:Josh Witham - DR 3:30 National Fig Newton Day Social - CK	16	9:30 Coffee Chat TVR 10:15 Seated Exercise - WR 11:00 Guess the Phrase - TVR 1:00 Who, What, Where - TVR 2:15 Ice Cream Social - SK 3:30 Cornhole - WR 6:00 Evening Movie TVR	17
8:40 St. Bart’s Church- OUT 10:00 Congregational Church TVR 11:00 Seated Exercise WR 1:00 MLK Celebration - OUT 2:00 Resident Led Walking Club - Lobby 3:30 Travel Documentary - TVR 6:00 Evening Movie TVR	18	9:30 Coffee Chat- TVR 10:15 Balance Barre- WR 11:00 Wheel of Fortune - TVR 1:30 Museum Musings: The Folger Shakespeare Library - TVR 2:30 Resident Led Walking Club 3:30 Cornhole - WR 6:00 Evening Movie TVR Martin Luther King Jr. Day	19	9:30 Coffee Chat- TVR 10:15 Fit & Strong - WR 11:00 Unscramble the Word - TVR 1:30 Rob Robbins - PR 2:30 Darts - WR 3:30 Wine & Unwind: Potato chip Tasting - CK 6:00 Evening Movie TVR	20	9:30 Coffee Chat- TVR 10:15 Balance Barre- WR 11:00 Connections - TVR 1:00 Rummikub - CK 2:00 Red Gallagher - PR 3:30 Ping Pong Plunk - WR 6:00 Evening Movie TVR	21	9:30 Communion FP 10:15 Seated Exercise - WR 11:00 Trivia - TVR 1:30 Memory Lane - TVR 3:00 Uno card game - CK 4:00 Yoga - Wellness Room 6:00 Evening Movie TVR	22	9:30 Coffee Chat- TVR 10:15 Balance Barre- WR 11:00 Brain Games - TVR 1:30 Rummikub - CK 2:30 Short Story - FP 3:30 Balloon Badminton - WR 6:00 Evening Movie TVR	23	9:30 Coffee Chat TVR 10:15 Seated Exercise - WR 11:00 Brain Games - TVR 1:30 Michael Perry - "Yellowstone in winter" - TVR 2:15 Ice Cream Social - SK 3:30 Cornhole - WR 6:00 Evening Movie TVR	24
8:40 St. Bart’s Church- OUT 10:00 Congregational Church TVR 11:00 Trivia - FP 1:00 Bingo CK 2:30 Seated Exercise WR 3:30 Brain games - TVR 6:00 Evening Movie TVR	25	9:30 Scavenger Hunt – TVR 10:15 Balance Barre- WR 11:00 Unscramble the Word - TVR 1:00 Painting w/ Hope - CK 2:30 Scavenger Hunt Meet-Up- TVR 3:30 Cornhole - WR 6:00 Evening Movie TVR Australia Day (Observed)	26	9:30 Coffee Chat- TVR 10:15 Zumba - WR 11:00 Wheel of Fortune - TVR 1:30 Book Club Meeting - CK 2:30 Balloon Badminton - WR 3:30 Wine & Cake Social - CK 6:00 Evening Movie TVR	27	9:30 Coffee Chat- TVR 10:15 Balance Barre- WR 11:00 Connections - TVR 1:30 Bingo w/ C.E. Middle School Students - Dining Room 2:30 Resident Council Meeting - TVR 3:30 Cornhole - WR 6:00 Evening Movie TVR	28	9:30 Communion FP 10:15 Seated Exercise - WR 11:00 History of Puzzles - TVR 1:30 Cross Word Puzzle - TVR 2:30 National Puzzle Day Activity - CK 4:00 Yoga - Wellness Room 6:00 Evening Movie TVR	29	9:30 National Croissant Day Celebration- TVR & SK 10:15 Balance Barre- WR 10:30 Hannaford - OUT 11:00 Spelling Bee - TVR 1:00 Cooking Up Memories: Cake - CR 2:30 Golf - WR 3:30 Cake Tasting Social - CK 6:00 Evening Movie TVR	30	9:30 Coffee Chat TVR 10:15 Seated Exercise - WR 11:00 Outburst - TVR 1:00 Balloon Badminton - WR 2:15 Ice Cream Social - SK 3:30 Dominoes - CK 6:00 Evening Movie TVR	31

Hair salon open every Tuesday & Wednesday