

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>AUGUST 2025</div> <div>THE LANDING AT CAPE ELIZABETH</div>					<div>International Beer Day</div> <div>9:30 Coffee &amp; Conversation TVR</div> <div>10:15 Exercise Essentials TVR</div> <div>10:30 Cooking up Memories CK</div> <div>1:00 Outdoor Walk &amp; Talk</div> <div>2:00 Hannaford Errands</div> <div>3:30 Unscramble the Word TVR</div> <div>6:00 Evening Movie TVR</div>	<div>1</div> <div>9:30 Daily Chronicles TVR</div> <div>10:15 Outdoor Walk &amp; Talk</div> <div>11:00 Tend to the Garden</div> <div>1:00 Corn Hole WR</div> <div>2:15 Ice Cream Social SK</div> <div>3:30 Pianist ~ Masanobu PR</div> <div>6:00 Evening Movie TVR</div>
<div>8:40 Leave for St. Bart's Church</div> <div>10:00 Congregational Church TVR</div> <div>11:00 Stretching with Ellen WR</div> <div>1:00 Bingo CK</div> <div>2:30 Outdoor Walk &amp; Talk</div> <div>3:15 UNO Card Game CK</div> <div>6:00 Evening Movie TVR</div>	<div>3</div> <div>Chocolate Chip Cookie Day</div> <div>9:30 Coffee &amp; Conversation TVR</div> <div>10:45 Zumba with Sara TVR</div> <div>11:15 Tend to the Garden</div> <div>1:00 Outdoor Walk &amp; Talk</div> <div>2:00 Game Time CK</div> <div>3:30 Meditative Art CK</div> <div>6:00 Evening Movie TVR</div>	<div>4</div> <div>9:30 Coffee &amp; Conversation TVR</div> <div>10:15 Exercise Essentials TVR</div> <div>11:15 Tend to the Garden</div> <div>1:30 Concert ~ Bess Jacques PR</div> <div>3:00 Bingo CK</div> <div>3:30 Outdoor Walk &amp; Talk</div> <div>6:00 Evening Movie TVR</div>	<div>5</div> <div>Root Beer Float Day</div> <div>9:30 Coffee &amp; Conversation TVR</div> <div>10:15 Stretching with Ellen WR</div> <div>11:00 Outdoor Walk &amp; Talk</div> <div>1:00 Jeopardy with George TVR</div> <div>2:00 Root Beer Float Social SK</div> <div>3:00 Scrabble CK</div> <div>4:15 Meditation WR</div> <div>6:00 Evening Movie TVR</div>	<div>6</div> <div>9:30 Weekly Communion Service</div> <div>FP</div> <div>10:00 Cooking up Memories CK</div> <div>11:00 Outdoor Walk &amp; Talk</div> <div>1:00 Tend to the Garden</div> <div>2:00 Singer ~ Guilds Holloway DR</div> <div>3:15 Poetry Reading FP</div> <div>4:00 Yoga with Jess WR</div> <div>6:00 Evening Movie TVR</div>	<div>7</div> <div>9:30 Coffee &amp; Conversation TVR</div> <div>10:30 A visit with the children from Root's Academy</div> <div>11:15 Tend to the Garden</div> <div>1:00 Exercise with Karen WR</div> <div>2:00 Hannaford Errands</div> <div>2:30 Outdoor Walk &amp; Talk</div> <div>3:30 Dominoes CK</div> <div>6:00 Evening Movie TVR</div>	<div>8</div> <div>9:30 Daily Chronicles TVR</div> <div>10:15 Exercise Essentials TVR</div> <div>10:30 Meditative Art CK</div> <div>1:00 Outdoor Walk &amp; Talk</div> <div>2:15 Ice Cream Social SK</div> <div>3:30 August Trivia TVR</div> <div>6:00 Evening Movie TVR</div>
<div>Smores Day</div> <div>8:40 Leave for St. Bart's Church</div> <div>10:00 Congregational Church TVR</div> <div>11:00 Balloon Badminton WR</div> <div>1:00 Bingo CK</div> <div>2:30 Outdoor Walk &amp; Talk</div> <div>3:15 Finish the Phrase TVR</div> <div>6:00 Evening Movie TVR</div>	<div>10</div> <div>9:30 Coffee &amp; Conversation TVR</div> <div>10:00 Artist in Residence CK</div> <div>10:30 Stretching with Ellen WR</div> <div>1:00 Resident Outing: Marshalls/ Home Goods</div> <div>1:30 Travelogue TVR</div> <div>3:30 Connections TVR</div> <div>4:00 Outdoor Walk &amp; Talk</div> <div>6:00 Evening Movie TVR</div>	<div>11</div> <div>9:30 Coffee &amp; Conversation TVR</div> <div>10:15 Darts WR</div> <div>11:15 Tend to the Garden</div> <div>1:00 Outdoor Walk &amp; Talk</div> <div>2:00 Singer ~ Chris Skidgel DR</div> <div>3:30 Meditation WR</div> <div>6:00 Evening Movie TVR</div>	<div>12</div> <div>9:30 Coffee &amp; Conversation TVR</div> <div>10:15 Exercise Essentials TVR</div> <div>11:15 Tend to the Garden</div> <div>1:00-4:00 Portland Wheelers</div> <div>1:30 Outdoor Walk &amp; Talk</div> <div>2:30 Dominoes CK</div> <div>4:00 Meditation WR</div> <div>6:00 Evening Movie TVR</div>	<div>13</div> <div>9:30 Weekly Communion Service</div> <div>FP</div> <div>10:15 Corn Hole WR</div> <div>11:00 Outdoor Walk &amp; Talk</div> <div>1:00 Tend to the Garden</div> <div>2:00 Music with Sorcha DR</div> <div>3:30 Bingo CK</div> <div>6:00 Evening Movie TVR</div>	<div>14</div> <div>9:30 Coffee &amp; Conversation TVR</div> <div>10:15 Stretching with Ellen WR</div> <div>11:00 Tend to the Garden</div> <div>1:00 Cooking up Memories CK</div> <div>2:30 Outdoor Walk &amp; Talk</div> <div>3:30 Game Time CK</div> <div>6:00 Evening Movie TVR</div>	<div>15</div> <div>Tell a Joke Day</div> <div>9:30 Daily Chronicles TVR</div> <div>10:15 Exercise Essentials TVR</div> <div>10:30 Hannaford Errands</div> <div>1:00 Outdoor Walk &amp; Talk</div> <div>2:15 Ice Cream Social SK</div> <div>3:30 Music in Motion PR</div> <div>6:00 Evening Movie TVR</div>
<div>8:40 Leave for St. Bart's Church</div> <div>10:00 Congregational Church TVR</div> <div>11:00 Stretching with Ellen WR</div> <div>1:00 Bingo CK</div> <div>2:30 Outdoor Walk &amp; Talk</div> <div>3:15 UNO Card Game CK</div> <div>6:00 Evening Movie TVR</div>	<div>17</div> <div>9:30 Coffee &amp; Conversation TVR</div> <div>10:15 Exercise Essentials TVR</div> <div>10:30 Hannaford Errands</div> <div>1:00 Outdoor Walk &amp; Talk</div> <div>2:00 Price is Right TVR</div> <div>3:30 Game of Querkle CK</div> <div>6:00 Evening Movie TVR</div>	<div>18</div> <div>9:30 Coffee &amp; Conversation TVR</div> <div>10:15 Exercise with Karen WR</div> <div>11:00 Tend to the Garden</div> <div>1:30 Banana Split Social SK</div> <div>3:00 Presentation with Kevin Goody TVR</div> <div>4:00 Outdoor Walk &amp; Talk</div> <div>6:00 Evening Movie TVR</div>	<div>19</div> <div>9:30 Coffee &amp; Conversation TVR</div> <div>10:15 Stretching with Ellen WR</div> <div>11:30 Resident Outing: Ken's Place, Seafood Restaurant</div> <div>1:00 Documentary TVR</div> <div>2:30 Outdoor Walk &amp; Talk</div> <div>3:00 Dominoes CK</div> <div>4:00 Meditation WR</div> <div>6:00 Evening Movie TVR</div>	<div>20</div> <div>Senior Citizen Day</div> <div>9:30 Weekly Communion FP</div> <div>10:15 Daily Chronicles TVR</div> <div>10:30 Culinary Discussion DR</div> <div>1:00 Outdoor Walk &amp; Talk</div> <div>2:00 Saxophonist ~ Ray Morrow DR</div> <div>3:15 Tend to the Garden</div> <div>4:00 Yoga with Jess WR</div> <div>6:00 Evening Movie TVR</div>	<div>21</div> <div>9:30 Coffee &amp; Conversation TVR</div> <div>10:15 Exercise with Karen WR</div> <div>11:15 Tend to the Garden</div> <div>1:00 Cooking up Memories CK</div> <div>2:30 Outdoor Walk &amp; Talk</div> <div>3:30 Sing Along PR</div> <div>6:00 Evening Movie TVR</div>	<div>22</div> <div>9:30 Daily Chronicles TVR</div> <div>10:15 Outdoor Walk &amp; Talk</div> <div>11:00 Tend to the Garden</div> <div>1:00 Golf WR</div> <div>2:15 Ice Cream Social SK</div> <div>3:30 Game Time CK</div> <div>6:00 Evening Movie TVR</div>
<div>8:40 Leave for St. Bart's Church</div> <div>10:00 Congregational Church TVR</div> <div>11:00 Corn Hole WR</div> <div>1:00 Bingo CK</div> <div>2:30 Outdoor Walk &amp; Talk</div> <div>3:15 Trivia FP</div> <div>6:00 Evening Movie TVR</div>	<div>24</div> <div>National Dog Day</div> <div>9:30 Coffee &amp; Conversation TVR</div> <div>10:45 Zumba with Sara WR</div> <div>11:15 Tend to the Garden</div> <div>1:30 Artist in Residence CK</div> <div>2:30 Outdoor Walk &amp; Talk</div> <div>3:30 Make Dog Biscuits CK</div> <div>6:00 Evening Movie TVR</div>	<div>25</div> <div>9:30 Coffee &amp; Conversation TVR</div> <div>10:15 Stretching with Ellen WR</div> <div>11:15 Outdoor Walk &amp; Talk</div> <div>1:30 Concert ~ Rob Robbins PR</div> <div>3:00 Flower Arranging CK</div> <div>4:00 Connections TVR</div> <div>6:00 Evening Movie TVR</div>	<div>26</div> <div>9:30 Coffee &amp; Conversation TVR</div> <div>10:30 Resident Council Meeting TVR</div> <div>1:00-4:00 Portland Wheelers</div> <div>1:15 Tend to the Garden</div> <div>2:00 Outdoor Walk &amp; Talk</div> <div>3:15 Bingo CK</div> <div>6:00 Evening Movie TVR</div>	<div>27</div> <div>Women's Equality Day</div> <div>9:30 Weekly Communion FP</div> <div>10:15 Exercise Essentials TVR</div> <div>11:15 Tend to the Garden</div> <div>1:30 Memory Lane Show TVR</div> <div>3:00 Traveling Library PR</div> <div>4:00 Yoga with Jess WR</div> <div>6:00 Evening Movie TVR</div>	<div>28</div> <div>9:30 Coffee &amp; Conversation TVR</div> <div>10:15 Balloon Badminton WR</div> <div>11:30 Resident Outing: Picnic Lunch at Fort Williams Park</div> <div>1:00 Travelogue TVR</div> <div>2:30 Outdoor Walk &amp; Talk</div> <div>3:30 Nail Salon CK</div> <div>6:00 Evening Movie TVR</div>	<div>29</div> <div>Beach Day</div> <div>9:30 Daily Chronicles TVR</div> <div>10:15 Exercise Essentials TVR</div> <div>10:30 Hannaford Errands</div> <div>1:00 Outdoor Walk &amp; Talk</div> <div>2:15 Ice Cream Social SK</div> <div>3:30 Music in Motion PR</div> <div>6:00 Evening Movie TVR</div>
<div>8:40 Leave for St. Bart's Church</div> <div>10:00 Congregational Church TVR</div> <div>11:00 Stretching with Ellen WR</div> <div>1:00 Bingo CK</div> <div>2:30 Outdoor Walk &amp; Talk</div> <div>3:15 UNO Card Game CK</div> <div>6:00 Evening Movie TVR</div>	<div>31</div> <div>Location Key:</div> <div>TVR-TV ROOM</div> <div>PR-PIANO ROOM</div> <div>WR-WELLNESS ROOM</div> <div>SK-SARA'S KITCHEN</div> <div>FP-FIREPLACE ROOM</div> <div>CK-COUNTRY KITCHEN</div> <div>DR-DINING ROOM</div> <div>Hair Salon will be OPEN every Tuesday &amp; Wednesday</div> <div>Please sign up for all rides and Outings at the Front Desk</div> <div>Activities are subject to change</div>					

